

Product Catalog

Celebrating over 25 years, Quality of Life Publishing Co. is an independent, mission-driven firm specializing in branded publications that help ease the way for those facing serious illness, end of life, or loss.

25th
— • • • • —
anniversary
— • • • • —

877-513-0099 | info@QOLpublishing.com

Branded booklets

Improve CMS and CAHPS® outcomes:

- Caregiver and educational guides
- Decision-making and assessment tools
- Spiritual care and emotional support
- Grief support and legacy work



Branded newsletters

Bereavement newsletter

- Grief Matters newsletter series: Support through the first year after loss

Clinical newsletter

- Quarterly clinical newsletter
Quality of Life Matters® for physicians



Books and speakers

Educate, support, and inspire:

- Hard Choices for Loving People
- Grief support
- Depression awareness
- Caregiver support



Custom cards with envelopes

Branded follow-up and outreach:

- Bereaved families or clinicians
- Pet loss
- Birthdays
- Custom message





LATEST RELEASE: Emotional and spiritual support for seriously ill patients and their loved ones

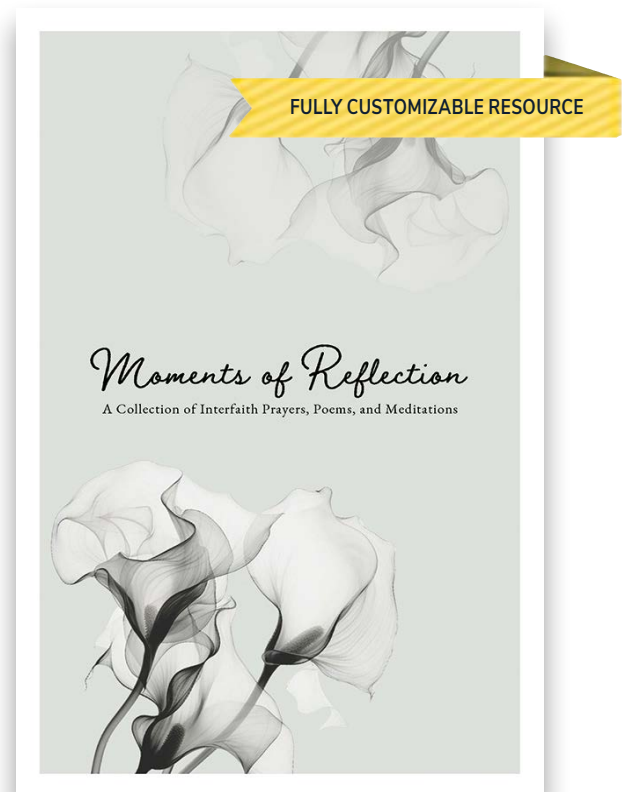
Facing a serious illness is a deeply personal experience, often bringing a search for meaning. While medical care tends to the body, exploring a religious or spiritual tradition can offer comfort, reflection, and peace.

Moments of Reflection is a collection of prayers, poems, and meditations created to support seriously ill patients, families, and loved ones throughout this emotional journey. Drawn from a variety of faith and spiritual traditions, each page offers gentle reflection and words of comfort.

These readings remind us that, despite our different beliefs, we share many of the same hopes and fears—and that no one walks this journey alone.

Features

- **Starting at at \$2.40 per copy;** price breaks start at 250+ copies. **Includes FREE BRANDING** with your full-color logo, spot color, and contact information.
- **Fully customizable;** fully redesign or change any content for an additional fee.
- **Electronic copy** available; billed quarterly.
- **Spanish version** available or coming soon.



SKU: MOR

Contact us with questions, for pricing quotes, or to request a free sample.

Toll free: 877-513-0099 | Email: info@QOLpublishing.com

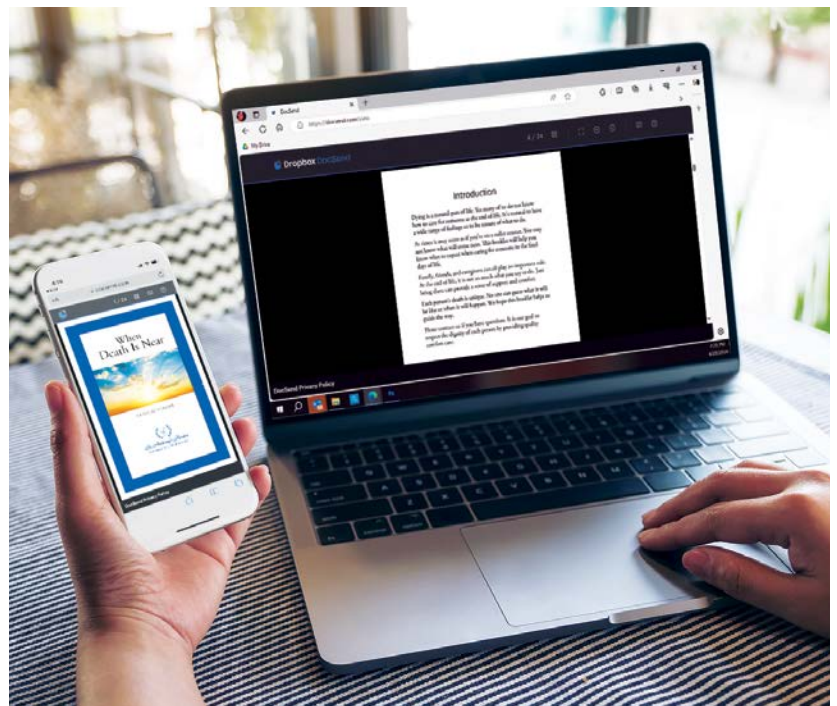
www.QOLpublishing.com



ELECTRONIC DISTRIBUTION: Provide education and support via email or website

Features

- Distribute your branded publications electronically via email, website, QR code, etc.
- Recipients can read your materials from any browser.
- Files are emailed to you as a tracked DocSend link. View a sample here: <https://docsend.com/view/e83d52na8a4zv2ea>
- Billing details:
 - All products are billed quarterly per recipients/views.
 - You provide the number of quarterly/annual recipients; we automatically bill you at the end of each quarter.
 - If actual views exceed recipients provided, pay per view.
 - Discounts available with printed orders.



Prices, billing, and policies are subject to change without notice.
Each product, title, version, language, etc. is sold separately.
No contract required, you may cancel your order at any time.

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Branded booklets

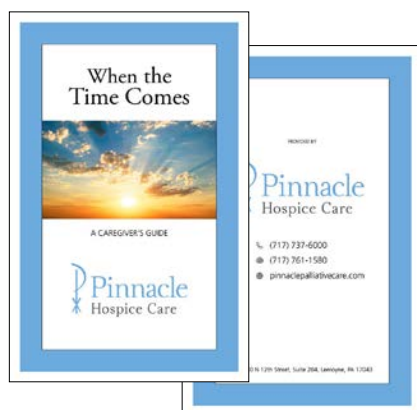
Booklets on various topics are informative, comprehensive, and easy to read. Many titles help improve CMS, EGSS, and CAHPS® outcomes. FREE BRANDING is included. Titles and versions are sold separately.

Contact us for a free sample or visit www.QOLpublishing.com.

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Features

- **Cost effective, fully customizable.** Includes **FREE BRANDING** with full-color logo, spot color, and contact info. Redesign booklets or edit content for an additional fee.
- **Spanish versions available** unless noted otherwise; other languages available on select titles.
- **Electronic copy available;** contact us for a pricing quote and details.



STANDARD BRANDING



FULLY CUSTOMIZED

Booklet pricing

QTY	PRODUCT SKU										
	WDWG	VET	ACP MLS	MOR	HSP PPC	CC LWD MSOB SL TKAD WDIN WTTT	WDWD WTAG	ANH DIAL GFYP HCS HPNA VENT WISC WYAG	CPR MYP	AGB DC-C HCH HHCH PDHC SOG WIPC	COVID
1-249	\$3.40	\$3.10	\$2.80	\$2.40	\$2.30	\$2.10	\$2.00	\$1.90	\$1.65	\$1.40	\$1.15
250-499	\$3.30	\$3.00	\$2.70	\$2.30	\$2.20	\$2.00	\$1.90	\$1.80	\$1.55	\$1.30	\$1.05
500-999	\$3.20	\$2.90	\$2.60	\$2.20	\$2.10	\$1.90	\$1.80	\$1.70	\$1.45	\$1.20	\$0.95
1000-2499	\$3.10	\$2.80	\$2.50	\$2.10	\$2.00	\$1.80	\$1.70	\$1.60	\$1.35	\$1.10	\$0.85
2500-4999	\$3.00	\$2.70	\$2.40	\$2.00	\$1.90	\$1.70	\$1.60	\$1.50	\$1.25	\$1.00	\$0.75
5000+	Contact us for a pricing quote										PRICE PER COPY

FREE branding options*

- **Choose branding option:**
 - Template (logo, colors, contact information, etc.)
 - Submit your own artwork (suggested print area: 5" x 8")
 - No branding/generic
- * Includes basic changes to contact info, graphics, or color at reorders. Additional fee may apply for extensive proofing time.

Extras

Contact us for a pricing quote:

- **\$60/hour fee:** Extensive graphic design or layout changes
- **Special print options:**
 - Full-bleed cover (5.5" x 8.5")
 - Special paper
 - Full color throughout
 - Contact us with other requests!
- **Electronic copies available.** Contact us for a pricing quote.

Turnaround and rush

- We'll contact you 2-3 business days from order date to proof.
- Allow 15-25 business days from order/approval date for shipping.
- Invoice is sent when the order is being prepared for press.
- We may need more or less time based on volume and shipping location. Tell us if you have a need-by date.
- RUSH order (same/next business day processing) is \$60/500 qty (\$30 for 50 or less copies). You can rush partial orders.
- Extra costs apply for rush shipping.

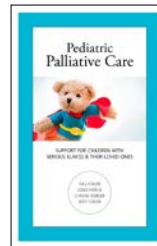
DIFFERENT TITLES & VERSIONS (LANGUAGES, COVERS, ETC.) ARE SOLD SEPARATELY



LATEST RELEASE

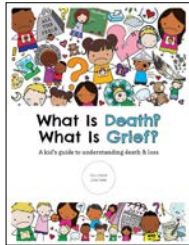
Moments of Reflection: A Collection of Interfaith Prayers, Poems, and Meditations offers emotional and spiritual support for seriously ill patients and their families. Drawn from a variety of faith and spiritual traditions, these readings remind us that, despite our differences, no one walks this journey alone. [Available in Spanish.](#)

SKU: MOR Starting at \$2.40 each



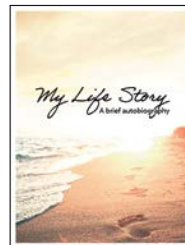
Pediatric Palliative Care: Support for Children with Serious Illness & Their Loved Ones explains pediatric palliative care, how it works, who is on the PPC team, and provides communication tips. A patient assessment tool gathers information about the child and family for the care team. [Available in Spanish.](#)

SKU: PPC Starting at \$2.30 each



What Is Death? What Is Grief?: A Kid's Guide to Understanding Death & Loss describes death and grief in a simple way for kids ages 2–10+. The activity book format encourages communication and creativity. Provides tips for grownups on how to use the booklet with their kids based on age level. [Available in Spanish.](#)

SKU: WDWG Starting at \$3.40 each



My Life Story: A Brief Autobiography is a fill-in biography that can be quickly and easily completed. Spaces are provided to add more thoughts, photos, etc. Includes a FREE one-page sheet, Legacy Projects, which provides tips for helping someone complete My Life Story and ideas for other legacy projects. [Available in Spanish.](#)

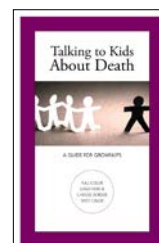
SKU: MLS Starting at \$2.80 each



BEST SELLER

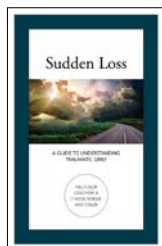
When Death Is Near (alt. title, When the Time Comes): A Caregiver's Guide educates caregivers about the dying process and improves CAHPS® surveys. Includes “What You Can Do” tips. [Available in non-hospice, Spanish, Portuguese, Russian, Chinese, Haitian Creole, Vietnamese, Tagalog, and Korean.](#) SKU: WDIN (or WTTTC)

Starting at \$2.10 each



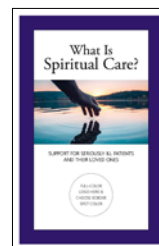
Talking to Kids About Death: A Guide for Grownups provides helpful tips for approaching this difficult subject with children at any age. Includes targeted tips based on age group and examples of “What you can say” and “What to avoid” throughout. [Available in Spanish.](#)

SKU: TKAD Starting at \$2.10 each



Sudden Loss: A Guide to Understanding Traumatic Grief defines traumatic grief and provides practical advice for survivors. Tips are provided for those who want to support a survivor of sudden loss. Questions and checklists throughout invite readers to record their own experiences. [Available in Spanish.](#)

SKU: SL Starting at \$2.10 each



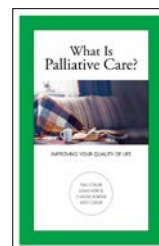
What Is Spiritual Care?: Support for Seriously Ill Patients and Their Loved Ones defines spiritual care and how it can provide support to patients of all backgrounds. Includes a spiritual care assessment to gather basic info about the patient's spiritual needs. [Available in Spanish and Polish.](#)

SKU: WISC Starting at \$1.90 each



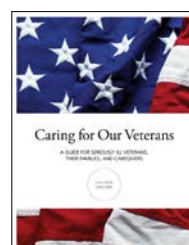
Advance Care Planning: A Guide to Understanding Advance Directives helps patients and families understand advance care planning, establish their values, and start medical decision making. An in-depth workbook and tips on discussing and documenting healthcare wishes are provided. [Available in Spanish.](#)

SKU: ACP Starting at \$2.80 each



What Is Palliative Care?: Improving Your Quality of Life defines palliative care, explains who provides services, who is eligible, how palliative care works, and more. A tool to educate your community about the benefits of palliative care for any patient in need of symptom management. [Available in Spanish, Polish, Haitian Creole.](#)

SKU: WIPC Starting at \$1.40 each



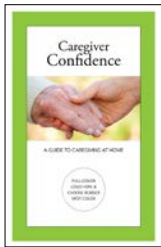
Caring for Our Veterans: A Guide for Seriously Ill Veterans, Their Families, and Caregivers explains the special needs of seriously ill veterans and helps families navigate VA benefits. A comprehensive worksheet collects information needed to apply for benefits and to help guide the care plan. [Available in Spanish.](#)

SKU: VET Starting at \$3.10 each

Contact us with questions
or for pricing quotes.

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Caregiver Confidence: A Guide to Caregiving at Home educates and supports family caregivers, reviewing safety, common procedures for activities of daily living, creating comfort for the patient, and caring for the caregiver. [Available in Spanish and Chinese.](#)

SKU: CC

Starting at \$2.10 each



Hospice Can Help: A Hospice Care Guide answers common questions—what hospice is, when to call, and what to expect—improving education and outreach by answering the question, “What is hospice?”

[Available in Spanish, Cape Verdean, French Creole, Polish, Portuguese, and Vietnamese.](#)

SKU: HCH

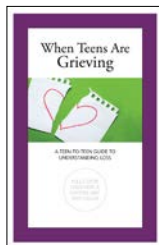
Starting at \$1.40 each



When You Are Grieving: A Guide to Understanding Loss helps readers understand grief and provides comfort. Sections include “Emotional Effects of Grief,” “Remembering Your Loved One,” “Grieving Children and Teens,” and more. Includes “What You Can Do” tips. [Available in Spanish, Russian, Polish, Chinese, and Tagalog.](#)

SKU: WYAG

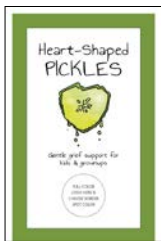
Starting at \$1.90 each



When Teens Are Grieving: A Teen-to-Teen Guide to Understanding Loss shares teen author Jenny’s grief story, validating that teens grieve in their own ways. Grief counselors provide professional insights throughout. Based on the award-winning book, *Weird Is Normal When Teenagers Grieve*. [Available in Spanish.](#)

SKU: WTAG

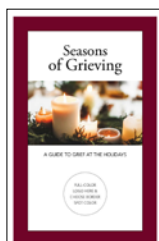
Starting at \$2.00 each



Heart-Shaped Pickles: Gentle Grief Support for Kids and Grownups is a true story about little Jenny’s continued connection to her grandpas through heart shapes she finds all around. Includes drawings to color, a discussion guide, and “8 Things Kids Can Teach Grownups About Grief.” [Available in Spanish.](#)

SKU: HSP

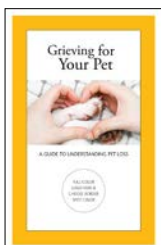
Starting at \$2.30 each



Seasons of Grieving: A Guide to Grief at the Holidays validates that holidays can be particularly difficult for the bereaved and provides helpful coping strategies for special occasions, with sections devoted to winter holidays, other major holidays, birthdays, and anniversaries. [Available in Spanish.](#)

SKU: SOG

Starting at \$1.40 each

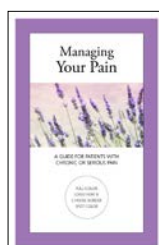


Grieving for Your Pet: A Guide to Understanding Pet Loss gently explains the often disenfranchised grief process for those who have lost a pet, helping them understand their grief and find comfort. An affordable resource for pet hospice programs and veterinarians.

[Available in Spanish.](#)

SKU: GFYP

Starting at \$1.90 each

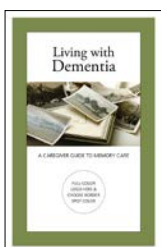


Managing Your Pain: A Guide to Pain Medication Use educates readers about medication use for pain management. This booklet covers common questions about opioid use and side effects. Includes a pain assessment tool for patients to fill out and share with the care team.

[Available in Spanish and Haitian Creole.](#)

SKU: MYP

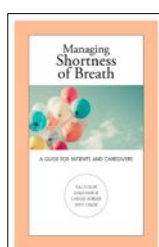
Starting at \$1.65 each



Living with Dementia: A Caregiver Guide to Memory Care supports caregivers of dementia patients, giving advice and insights into the challenges of caring for someone with dementia. Sections include “Symptoms and Stages,” “Caregiving Tips,” “Difficult Behaviors,” and more. [Available in Spanish.](#)

SKU: LWD

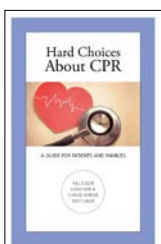
Starting at \$2.10 each



Managing Shortness of Breath: A Guide for Patients and Caregivers describes dyspnea and explains treatments. Practical tips on how to support the patient are provided. Includes tools to help patients or caregivers communicate with the care team about symptoms, breathing history, and more. [Available in Spanish.](#)

SKU: MSOB

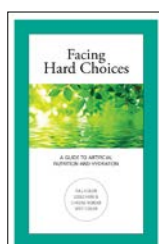
Starting at \$2.10 each



Hard Choices About CPR: A Guide for Patients and Families discusses CPR use in seriously ill patients and provides advice for those considering CPR use. Adapted with permission from *Hard Choices for Loving People*, by Hank Dunn. [Available in Spanish.](#)

SKU: CPR

Starting at \$1.65 each

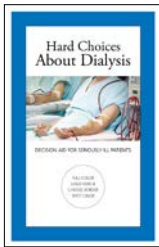


Facing Hard Choices: A Guide to Artificial Nutrition and Hydration discusses artificial nutrition and hydration use for seriously ill patients and provides support for those facing hard choices about ANH. Adapted with permission from *Hard Choices for Loving People*, by Hank Dunn. [Available in Spanish and Russian.](#)

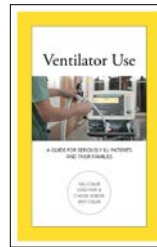
SKU: ANH

Starting at \$1.90 each

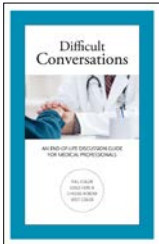
All booklets are available in Spanish unless otherwise noted. Other languages are available for select titles.



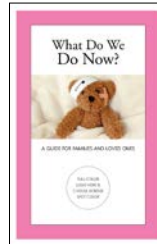
Hard Choices About Dialysis: Decision Aid for Seriously Ill Patients is for kidney failure patients who are considering starting, withholding, continuing, or withdrawing dialysis. Questions help readers explore their feelings about the illness and treatment. [Available in Spanish.](#)
SKU: DIAL Starting at \$1.90 each



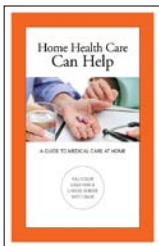
Ventilator Use: A Guide for Seriously Ill Patients and Their Families describes what a ventilator is, how it feels to be on one, and risks of use among seriously ill patients. Includes sections on pneumonia, COVID, and withholding/withdrawing a ventilator at the end of life. [Available in Spanish.](#)
SKU: VENT Starting at \$1.90 each



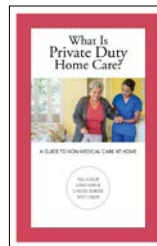
Difficult Conversations: An End-of-Life Discussion Guide for Medical Professionals provides clinicians with a guideline for end-of-life care discussions with patients and families to encourage earlier referrals. Includes suggested wording for each step of the discussion. [Available in Spanish.](#)
SKU: DC-C Starting at \$1.40 each



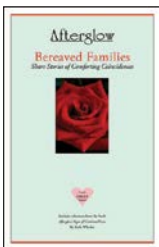
What Do We Do Now?: When a Child Is Seriously Ill answers difficult questions for families of seriously ill children, gently helping parents accompany their children through serious illness with love and reassurance. Includes "What You Can Do" bullet points. [Available in Spanish.](#)
SKU: WDWD Starting at \$2.00 each



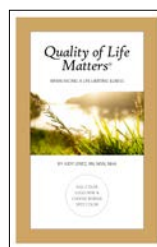
Home Health Care Can Help: A Guide to Medical Care at Home educates patients about skilled home healthcare services—who can receive services, who pays for care, and the difference between skilled home health care and private duty services. [Available in Spanish.](#)
SKU: HHCH Starting at \$1.40 each



What Is Private Duty Home Care?: A Guide to Non-Medical Care at Home educates readers about who can receive personal care services, who pays for care, the difference between personal care and skilled care, and more. Title and content can be edited to suit your organization's needs. [Available in Spanish.](#)
SKU: PDHC Starting at \$1.40 each



Afterglow Booklets, By Karla Wheeler True stories about comforting coincidences from the heartfelt grief book, *Afterglow: Signs of Continued Love*, are available in an affordable booklet series for bereaved families, spouses, and parents. **Not available in Spanish.**
SKU: AGB-F, -S, -P Starting at \$1.40 each



Quality of Life Matters® When Facing a Life-Limiting Illness, By Judy Lentz Written by retired HPNA CEO, Judy Lentz, RN, MSN, NHA, this booklet educates patients and families about the choices available to them when facing a life-limiting illness. **Not available in Spanish.**
SKU: HPNA Starting at \$1.90 each



COVID-19 Loss is a 1-page flyer that describes the challenges of COVID loss, explains the trauma of COVID loss, and provides tips for coping. Use as a stand-alone handout or insert into the *Sudden Loss* booklet for even more comprehensive support. [Available in Spanish.](#)
SKU: COVID Starting at \$1.15 each



A Hospice Caring Story (Una Historia de Hospice) is a photonovella used to educate Spanish-speaking families about end-of-life care. The booklet depicts in black-and-white photos the hospice journey of the Moreno family. Flip the booklet over for the English translation.
SKU: HCS Starting at \$1.90 each

Contact us with questions, for pricing quotes, or to request a free sample.
Toll free: 877-513-0099 | Email: info@QOLpublishing.com



Custom cards with imprinted envelopes

Use these branded cards and envelopes as part of your follow-up toolkit, sending to families, clinicians, or colleagues. Fully customizable. Each card image/language sold separately. **Use with the Grief Matters newsletter (see full product catalog or contact us for more info).**

Contact us for a free printed sample or visit www.QOLpublishing.com.

Phone: 877-513-0099 | Email: info@QOLpublishing.com

Features

- **FREE BRANDING** with logo and contact info. Set includes full-color imprinted card and envelope.
- **No minimum order required.**
- **Fully customizable.** Change card image, fonts, colors, and message.
- **Pre-scored cards** shipped flat can be easily folded by hand.
- **Spanish versions** available.

Pricing

No minimum order required.
Each card sold separately.

QTY	PER SET
1-249	\$1.65
250-499	\$1.55
500-999	\$1.45
1000-2499	\$1.35
2500-4999	\$1.25
5000+	Contact us

FREE custom options

Choose your options:

- **Orientation:** Portrait or landscape
- **Message:** Use our template wording or submit your own
- **Image:** Choose from our catalog of free images or submit any image you have permission to use
- **Standard branding and printing:**
 - Full-color logo and contact info printed on envelope and back of card
 - Folded card size is 5.5" x 8.5" (smaller 2.75" x 4.25" cards available upon request)
 - Cards print no bleed, white 80# uncoated cover stock
 - Envelopes are A9, white 80# text, self-seal

Extras

Contact us for a pricing quote:

- **\$60/hour fee:** Extensive graphic design work/proofing time
- **Special print options:**
 - Full-bleed
 - Different card/envelope size
 - Special paper
 - Please contact us with any other requests!

Turnaround and rush

- We'll contact you 2-3 business days from order date to proof.
- After proof approval, invoice is sent when your order is being prepared for press.
- Allow 15-25 business days from order/approval date for shipping.
- More or less time may be needed based on volume and location. Tell us if you have a need-by date.
- RUSH order (same/next business day processing) is \$60/500 qty (\$30 for 50 or less copies). You can rush partial orders.
- Extra costs apply for rush shipping.

CUSTOMIZE IMAGES & MESSAGE

FRONT OF CARD:

CHOOSE FROM 20 IMAGES
(OR SUBMIT YOUR OWN)

BACK OF CARD:

FULL COLOR LOGO &
CONTACT INFO



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www.website.com



INSIDE FRONT COVER:

MATCHING ACCENT IMAGE &
QUOTE (OR SUBMIT YOUR OWN)



"When someone you love becomes a memory,
the memory becomes a treasure."

With deepest sympathy

On behalf of the entire team,
we send our heartfelt condolences
for your loss and wishes for
healing and comfort in the days ahead.

CARD MESSAGE:

CHOOSE TEMPLATE MESSAGE
(OR SUBMIT YOUR OWN)



Street Address, City, State, Zip

ENVELOPE:

FULL COLOR LOGO &
RETURN ADDRESS



CUSTOM CARD OPTIONS

Call or email us with your order details, or follow the steps below to submit your order using the order form.

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1. Choose message

Enter card SKU, language, and qty in Order Details. For custom messages use SKU: CARD-CUSTOM and enter your custom message in Order Instructions.

Bereaved Families

SKU: CARD-BRVF

With deepest sympathy

On behalf of the entire team,
we send our heartfelt condolences
for your loss and wishes for
healing and comfort in the days ahead.



Art © Studio FleurD'epoque

"When someone you love becomes a memory,
the memory becomes a treasure."

ANONYMOUS

Bereaved Clinicians

SKU: CARD-BRVC

With deepest sympathy

On behalf of the entire team,
we're sending our sincerest condolences
for the loss of your patient.

We understand the emotional toll loss can have
on healthcare professionals. Our thoughts are
with you as you navigate grief while continuing
to serve patients and families.



Art © Studio FleurD'epoque

"Clinicians may carry the weight of loss, but within
that burden lies the strength to continue offering
care, comfort, and healing to those in need."

ANONYMOUS

Birthday

SKU: CARD-BDAY

Happy birthday to you!

On behalf of the entire team,
we're sending our warmest birthday wishes.

May you find joy in the day and receive love
from friends and family, near and far.



Art © Studio FleurD'epoque

"Every birthday is a gift. Every day is a gift."

ARETHA FRANKLIN

Pet Loss

SKU: CARD-PET

With deepest sympathy

To lose a pet is to lose a cherished family
member. Please accept our deepest
condolences for your loss and wishes of
comfort in the days ahead.



Art © MidwoodArtShop

"The bond between a pet and a human is a
sacred one, and when a pet is gone a part of
us goes with them."

JAMES HERRIOT

2. Choose image & orientation

Enter image letter and portrait or landscape orientation in Order Instructions.

Images shown in portrait below also available in landscape. If orientation is not noted, we will proof portrait. For custom images, enter "custom image" in Order Instructions and email us your image.



LANDSCAPE EXAMPLE



Submit your own image for no extra charge. You must have the rights to use images you submit.
Find free images on unsplash.com or purchase images on any stock website.

Contact us with questions, for pricing quotes, or to request a free sample.
Toll free: 877-513-0099 | Email: info@QOLpublishing.com



Grief Matters Newsletter

Use these branded, fully customizable newsletters as an integral part of your bereavement follow-up toolkit. **Distribute with custom cards & imprinted envelopes (see full product catalog or contact us for more info).**

Contact us for free printed samples or visit www.QOLpublishing.com.

Phone: 877-513-0099 | Email: info@QOLpublishing.com

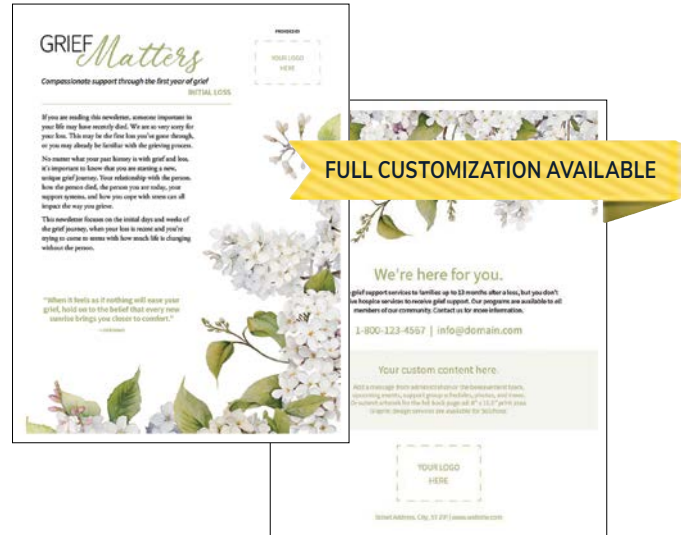
Provide compassionate support through the first year of grief with practical information and tips for key timeframes: Initial loss, 1 month, 3 months, 6 months, 9 months, and 1 year after loss.

Six branded, full-color, 4-page issues come with four FREE branded 1-page companion sheets, giving your bereavement team flexibility in choosing which content to distribute. **Content and newsletter designs can be fully edited to suit your organization's needs.**

SKU: GM (Indicate issue or FULL SET)

Features

- **FREE standard branding**, with full-color logo, spot color, and contact info; starting at \$2.75 per copy; price breaks start at 25+ copies.
- **Fully customizable**. Full back-page ad area; use our template or submit your artwork for free. Fully redesign, change content, or use our graphic design services for an extra \$60/hour design fee.
- **Electronic copy available**; contact us for a pricing quote and details.
- **Spanish versions** available (or coming soon).
- **Four FREE branded companion sheets** (only available with newsletter purchase).

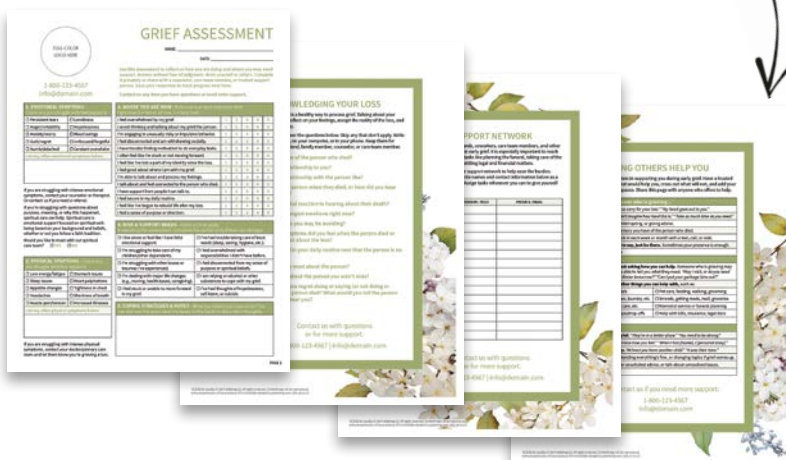


Pricing

No minimum order required.
Each issue/version sold separately.

QTY	PER COPY	QTY	PER COPY
1-24	\$2.75	550-599	\$1.80
25-49	\$2.65	600-649	\$1.75
50-74	\$2.55	650-699	\$1.70
75-99	\$2.45	700-799	\$1.65
100-124	\$2.35	800-899	\$1.60
125-149	\$2.25	900-999	\$1.55
150-199	\$2.20	1000-1499	\$1.50
200-249	\$2.15	1500-1999	\$1.45
250-299	\$2.10	2000-2499	\$1.40
300-349	\$2.05	2500-2999	\$1.35
350-399	\$2.00	3000-3499	\$1.30
400-449	\$1.95	3500-3999	\$1.25
450-499	\$1.90	4000-4499	\$1.20
500-549	\$1.85	4500-4999	\$1.15

5000 qty+: Contact us for a pricing quote

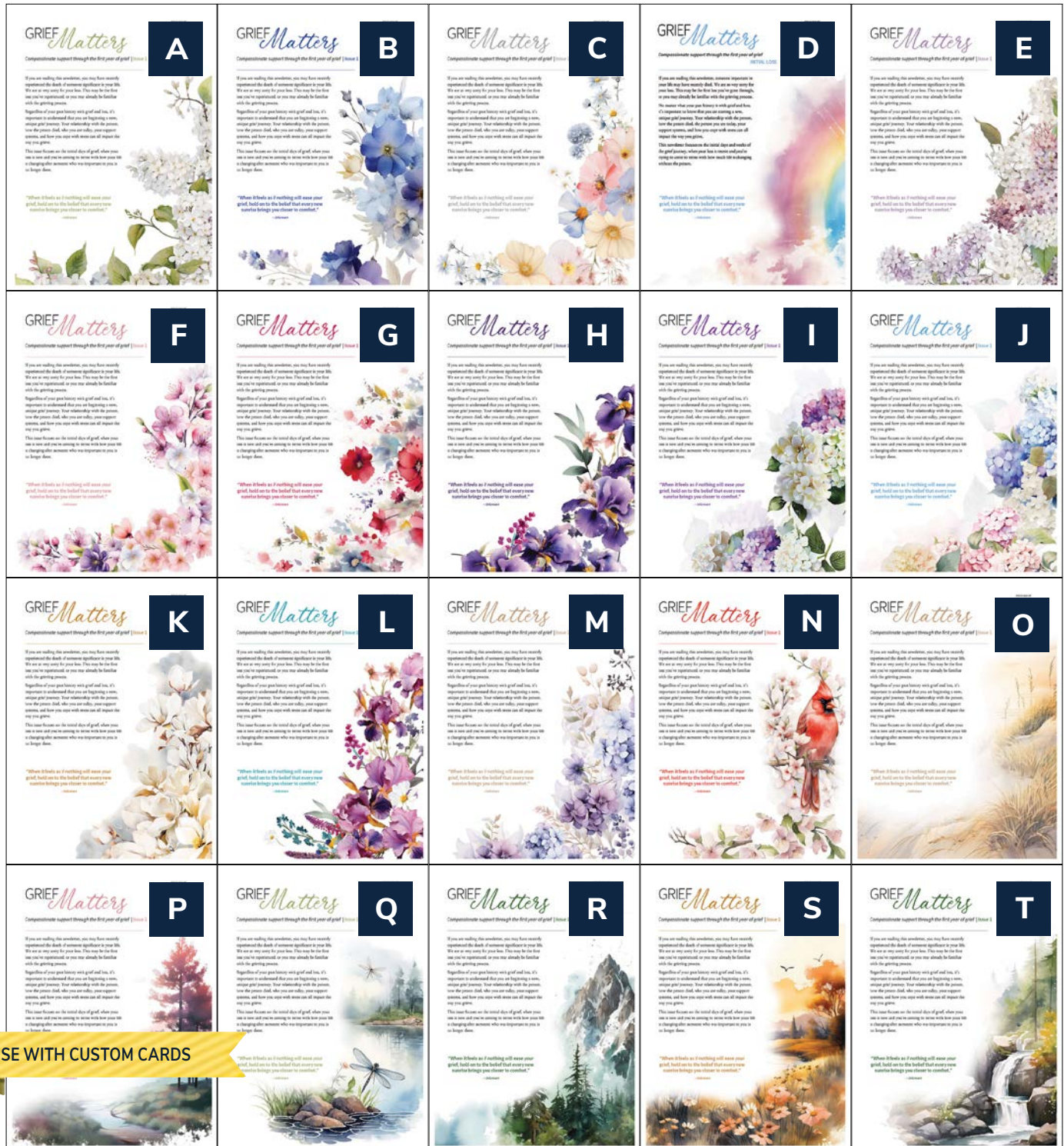


Template designs. Enter the issue and design letter in **Order Instructions** or submit your print-ready artwork for no extra charge (enter “custom design” in Order Instructions and send us your artwork). Scan the QR code to download design specs for each issue.

Use the same or different designs across issues. Template spot colors can be changed to any color of your choice. Note your preferences in Order Instructions or contact us. Graphic design services available for \$60/hour.



Scan to download
design specs



Contact us with questions, for pricing quotes, or to request a free printed sample issue.
Toll free: 877-513-0099 | Email: info@QOLpublishing.com

Grief newsletter samples. Scan the QR codes below to read each issue, companion sheets, and template grief assessment. Opt out of the companion sheets or the grief assessment by adding notes to Order Instructions or email us. Price per copy remains the same if you opt out of any of the content.

Six template designs are displayed in these samples; preview images of all 20 template designs are on the previous page. Contact us to request a PDF sample of any issue in any design.



INITIAL LOSS

SKU: GM-IL

Section titles: "What is grief?," "Initial shock," "Emotional symptoms of early grief," "Beginning your grief journey," "Tips for fresh grief"

Companion sheets: "Acknowledging your loss," "Your support network," "Helping others help you"



1 MONTH AFTER LOSS

SKU: GM-1MO

Section titles: "Emotional symptoms after one month," "Your new normal," "Tasks of grief," "Common myths of grief"

Companion sheets: "Secondary losses," "Leaning into self-care," "Grieving children & teens"



3 MONTHS AFTER LOSS

SKU: GM-3MO

Section titles: "Your feelings of grief now," "Processing the pain of grief"

Companion sheets: "Anniversaries & holidays," "Spiritual & existential questions after loss," "Disenfranchised grief"



6 MONTHS AFTER LOSS

SKU: GM-6MO

Section titles: "The six-month peak," "Coping strategies now," "But what if I'm *not* sad that they're gone?," "Identity reflection"

Companion sheets: "The benefits of journaling," "Remembering with sadness & joy," "The 'what-ifs' of regret & guilt"



9 MONTHS AFTER LOSS

SKU: GM-9MO

Section titles: "Looking ahead," "Emotional scars: Compounding traumas"

Companion sheets: "The importance of reflection," "Prolonged & complicated grief," "Redefining identity & purpose"



1 YEAR AFTER LOSS

SKU: GM-1YR

Section titles: "What to expect," "Stepping into the future," "One-year reflection questions"

Companion sheets: "Grief attacks," "Honoring your loved one," "Fading memories, lasting bonds"



GRIEF ASSESSMENT

This 2-sided grief assessment sheet comes with every copy of the newsletter, branded with your logo, contact information, and spot color. Replace with your own assessment or opt out of receiving assessments by entering a note in Order Instructions or emailing us.

FREE branding options

Choose your options:

- **Design:** Use our template designs & colors or submit your own artwork. Contact us for design specs.
- **Standard branding and printing:**
 - Full-color logo on front. Logo, contact information, and information about your services on the back.
 - Newsletters printed full color, no bleed on 11x17, 100 lb color copy paper, folded to letter size.
 - Companion sheets are branded and printed full color on letter, 28 lb color copy paper.
 - Newsletters and companion sheets are shipped flat and are stacked by issue/product type. Multiple issues/items in the same box will be separated by cardboard sheets.

Extras

Contact us for a pricing quote:

- **\$60/hour fee:** Extensive content changes/proofing time or graphic design services
- **Special print options:**
 - Full-bleed
 - Special paper
 - Contact us with any other requests!

Turnaround and rush

- We'll contact you 2–3 business days from order date to proof.
- After proof approval, the invoice is emailed when your order is being prepared for press.
- Allow 15–25 business days from order/approval date for shipping.
- More or less time may be needed based on volume and location. Tell us if you have a need-by date.
- RUSH order (same or next business day processing) is \$60/500 qty (\$30 for 50 or less copies). Partial orders can be rushed.
- Extra costs apply for rush shipping.



Quality of Life Matters® Newsletter

Use Quality of Life Matters to educate clinicians, build brand recognition, and encourage referrals.

Contact us for a free printed sample or visit www.QOLpublishing.com.

Phone: 877-513-0099 | Email: info@QOLpublishing.com

This quarterly publication is dedicated to serious illness care news and clinical findings, reporting on studies from sources such as the *Journal of the American Medical Association*.

Endorsed by Ira Byock, MD, FAAHPM: "The information in this publication is directly relevant to my clinical work, teaching, and research. Quality of life is a critical clinical outcome, and this newsletter presents the state-of-the-art in a readily accessible fashion."

Features

- **FREE branding** on masthead and back page
- **Recommended by the AAHPM and HPNA** with a proven record of increasing referrals
- **Archive access;** reprint rights to use content from previous issues for marketing materials or educational events
- **Electronic copy** available



Pricing per quarter

SKU: QOLM / eQOLM
MINIMUM ORDER IS 25 QTY PER ISSUE

QUANTITY per ISSUE	PRINT \$ per ISSUE	eQOLM \$ per RECIPIENT
25	\$132.00	\$5.08
50	\$303.50	\$4.87
75	\$364.50	\$4.66
100	\$460.80	\$4.41
125	\$510.90	\$3.89
150	\$534.75	\$3.37
200	\$586.65	\$2.73
250	\$645.90	\$2.38
300	\$711.45	\$2.17
350	\$783.30	\$2.04
400	\$855.15	\$1.94
450	\$920.70	\$1.85
500	\$989.40	\$1.78
550	\$1049.70	\$1.71
600	\$1111.05	\$1.65
650	\$1171.35	\$1.60
700	\$1231.65	\$1.56
800	\$1353.30	\$1.49
900	\$1473.90	\$1.44
1000	\$1595.55	\$1.40
1500	\$2112.45	\$1.21
2000	\$2753.25	\$1.25
2500	\$3356.25	\$1.14
3000	\$3917.25	\$1.11
3500	\$4404.75	\$1.06
4000	\$4866.00	\$1.02
4500	\$5285.25	\$0.97
5000	\$5662.50	\$0.93
6500	\$7088.25	\$0.89
8000	\$8388.00	\$0.85
9500	\$9561.75	\$0.81
11K+: Contact us for a pricing quote		

FREE branding options

- **Choose your branding option:**
 - Template (logo, colors, contact information, etc.)
 - Submit your own artwork for masthead (8" x 2.25") and full back page (8" x 10.5")
 - Includes basic updates on reorders (changes to contact info, graphics, or color).
- **Design services are available, \$60/hr:** We can design a custom masthead and back page for you. Or use this service to update content on your back page every issue.

Electronic copy (eQOLM)

- A trackable PDF link of your newsletter to distribute electronically, billed quarterly.
- Quarterly cost based on number of recipients. Discounts available with printed orders.
- Minimum order of 25 copies/recipients required. Contact us for a pricing quote.

Order details

- New orders require proof approval before printing. If approval is not received, order may be postponed until the next issue.
- Orders automatically renew each quarter if we are not notified of cancellation. Existing artwork is run on renewed orders unless changes are requested.
- Reprints of corrections after proof approval are charged at \$.99 per copy plus S&H.
- Payment is due two weeks from the date of the invoice. Orders may be held or postponed to the next issue for past due invoices.
- Contact us for S&H or for questions on pricing, branding, or the production process.



DISTRIBUTION STRATEGIES

Increase referrals with a consistent marketing strategy that includes the Quality of Life Matters newsletter. Content is vetted by our team of medical journalists and sourced from highly respected medical journals such as the *Journal of the American Medical Association* and the *New England Journal of Medicine*.

Tips for making Quality of Life Matters® a key part of your marketing plan:

1. Establish credibility.

- **Be the authority** on serious illness and end-of-life care education. Provide high-quality clinical content without dedicating weeks to research and development. We do it all for you.

2. Promote your brand.

- **Maximize your brand recognition** with a custom masthead. Highlight services or latest news on the fully customizable back page.
- **Use each issue as an opportunity to engage.** We know clinicians are busy. Even if they don't read every issue, your branded newsletter ensures your organization is seen.
- **Distribute electronically.** A PDF link of your newsletter is available, billed quarterly based on your recipient list. Contact us for details.

3. Build rapport.

- **Prioritize your contacts.** MDs, NPs, and PAs can benefit from the content. Also appropriate

for directors of nursing, administrators, discharge planners, and social workers.

- **Distribute to non-referring physicians** to expand your referral base or send to existing referral sources to keep in touch.
- **Build rapport with staff** by hand delivering if possible. When it isn't possible, mail or email the newsletter with a personal message and touch base one week after.

4. Make it easy.

- **Identify specific content** that you want contacts to read. Highlight articles on broad and important findings, such as articles on symptom management, for all clinicians.
- **Target specialists** with articles about subspecialties; e.g., studies on heart disease may interest cardiologists.
- **Focus on a targeted group** each quarter (e.g., Q1, oncologists; Q2, hospitalists; etc.). Create specific messaging for each group to use throughout your marketing collateral.

Every copy of your branded newsletter is a valuable marketing touchpoint and a way for you to establish expertise among your colleagues.
Distribute regularly to see an increase in your referrals.

Contact us with questions, for pricing quotes, or to request a free sample.

Phone: 877-513-0099 | Email: info@QOLpublishing.com



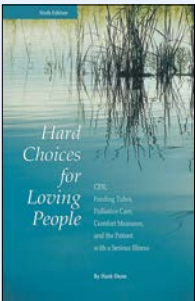
Books by Hank Dunn

These books help seriously ill patients and their families with healthcare decision making. **Hank Dunn has sold millions of copies of his books** to healthcare organizations and individuals worldwide. Each title/language sold separately.

Order at www.hankdunn.com, complete order form, or contact us:
Phone: 877-513-0099 | Email: info@QOLpublishing.com

FEATURED BOOK

Hard Choices for Loving People: CPR, Feeding Tubes, Palliative Care, Comfort Measures, and the Patient with a Serious Illness



Hard Choices for Loving People, 6th ed., helps seriously ill patients and their families with difficult healthcare choices. The book discusses goals of care, CPR, feeding tubes, dialysis, palliative care, and hospice care in an informative, compassionate, and easy-to-read format. The last chapter covers emotional and spiritual concerns that may come with serious illness.

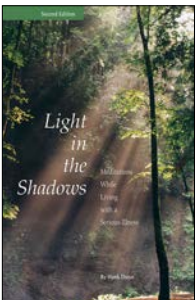
This book addresses HIS NQF 1641 on life-sustaining treatment preferences.

Available in Spanish. SKU: HCLP

Starting at \$8.15 each (price breaks start at 10+ copies, see below)

Branding available. See next page for details.

Light in the Shadows: Meditations While Living with a Serious Illness



The companion book to *Hard Choices for Loving People*, *Light in the Shadows* is for people living with a serious illness. Hank encourages readers to find hope and gratitude in the midst of great losses, a connection to things eternal, meaning in life while considering the possibility of death, and the emotional and spiritual root of the issues surrounding medical treatment decisions. English version only. **SKU: LIS**

Starting at \$8.15 each (price breaks start at 10+ copies, see below)

UNBRANDED Pricing

No minimum order required.
Each title/language sold separately.

QUANTITY	PRICE
1–9	\$8.15 each
10–24	\$5.90 each
25–49	\$4.65 each
50–99	\$4.15 each
100–249	\$3.65 each
250–499	\$3.15 each
500–999	\$2.65 each
1000–1499	\$2.15 each
1500–1999	\$1.65 each
2000–3999	\$1.50 each
4000+	\$1.35 each



Speaking Engagements

Hank Dunn, MDiv, is an ordained healthcare chaplain, bestselling author, and speaker. For over 30 years, he has helped seriously ill patients and their families with medical decisions. Hank is a nationally renowned speaker offering honest, informed advice on the topics of healthcare decision making and spirituality. A graduate of the University of Florida, Hank received his Master of Divinity degree from Southern Baptist Theological Seminary in Louisville, KY.

Contact Hank for your next in-person or virtual event at hank@hankdunn.com or 877-513-0099.



Branded books by Hank Dunn

Add value to Hank Dunn's bestselling books by branding the back cover.

Celebrating 30 years in print, millions of copies have been sold worldwide.

Order at www.hankdunn.com, complete order form, or contact us:

Phone: 877-513-0099 | Email: info@QOLpublishing.com

Features

- **FREE standard branding:** Add logo and contact information or submit your own artwork for the back cover.

- **Print on demand now available on ALL titles:**
Color imprint only, 100–2500 qty

Shipped in about 15–20 business days from proof approval.

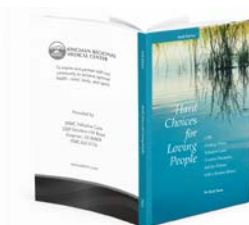


- **Hard Choices for Loving People, English, set press runs:**
HCLP-B English only, black imprint 100 qty+ or any imprint over 2500 qty

Printed twice a year at set press deadlines:

April 20th & October 20th
(or next business day)

- Manufacturer may require up to 10–12 weeks from press deadline for shipment.
- Orders may be pushed to the next deadline if volume is low.



BRANDED Pricing

SKU: HCLP-B Eng, HCLP-B Span, LIS-B

Minimum order required: 100 quantity.
Each title/language sold separately.

QUANTITY	COLOR IMPRINT	BLACK IMPRINT
100–249	\$8.40 each	\$5.90 each
250–499	\$5.90 each	\$4.90 each
500–999	\$4.90 each	\$4.40 each
1000–1499	\$3.40 each	\$3.15 each
1500–1999	\$2.90 each	\$2.65 each
2000–2500	\$2.75 each	\$2.50 each
Over 2500: Contact us for a pricing quote		

FREE branding options

- **Choose your branding option:**
 - Template (logo, colors, contact information, etc.)
 - Submit your own artwork, suggested print area is 4" x 7.5" or for full bleed 5.113" x 8.5" trim size plus .125" bleed.
 - Includes basic updates on reorders (changes to contact info, graphics, or color).
- **Design services are available, \$60/hr:** We design a custom back cover based on your instructions, brand standards, website, or existing marketing materials.

Production process

Print frequency:

- Color imprint orders of any title up to 2500 qty printed on demand; shipped within 15–20 business days from proof approval.
- HCLP English black imprint orders or any HCLP English order over 2500 qty are printed 2x per year (or based on demand).
- If proof approval is not received by the deadline, the order may be pushed to the next press run.
- **Unbranded books and branded labels are available to purchase any time—contact us to order.**

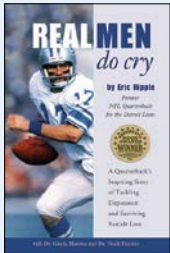
Proofing:

- If you are a new client or if you have changes, our production team will contact you to initiate proofing.
- Submit print-quality graphics in TIF, JPG, or PDF format.
- Once proof approval is received, we will send an invoice; payment is due two weeks from the invoice date.
- **The order cannot be changed or canceled once it is sent to press.**

Other books support and inspire

These books provide gentle grief support and inspiration to people of all ages. Authors from all walks of life share their incredible stories and sage advice, giving hope and wisdom to readers everywhere.

Phone: 877-513-0099 | Email: info@QOLpublishing.com



Real Men Do Cry, By former NFL quarterback Eric Hipple

After his 15-year-old son died by suicide, Eric Hipple fell into a debilitating downward spiral. He shares his journey to show depression is treatable. This award-winning book provides practical resources for depression. A valuable tool for counselors.

SKU: RMDC

\$12.95 each



Eric Hipple: Speaking Engagements

Eric's life took a tragic turn when his 15-year-old son died by suicide. He has since devoted his life to building awareness for depressive illnesses. Eric travels the country to speak to teens and adults about ways to recognize depression, risks for suicide, and ways to find help. Contact us to connect with Eric.

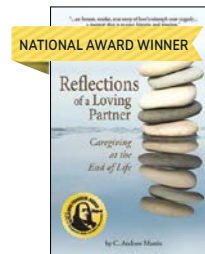


Weird Is Normal When Teenagers Grieve, By Jenny Lee Wheeler

Author Jenny experienced several losses, most tragically the death of her father when she was 14. While still a teen, Jenny wrote this national-award-winning book to validate for other teens that they have the right to grieve in their own unique ways.

SKU: WIN

\$9.95 each



Reflections of a Loving Partner, By C. Andrew Martin, DNP, MS, RN, ACRN, CHPN

This national-award-winning memoir recounts how the author's life was turned upside down when his life partner, Gil, was diagnosed with HIV. He shares his journey from non-professional caregiver to licensed hospice nurse, offering tips and written exercises for caregivers.

SKU: RLP

\$14.95 each



Timmy's Christmas Surprise, By Karla Wheeler, Illustrated by Jenny Lee Wheeler

Based on a true story of a family grieving the death of their cat, the book validates key points of grief. Use in pet therapy programs, for grief outreach during the holidays, or as a gift for someone who is grieving. Additional discounts do not apply.

SKU: TCS

\$.99 each

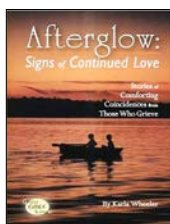


Isabelle's Dream, By Betsy Bottino Arenella, Illustrated by Dana Henderson

Based on a true story, this award-winning coloring book takes readers on a journey from grief to hope. It is a therapeutic tool for grieving children, encouraging self expression, emotional release, and healing. Additional discounts do not apply.

SKU: ID

CLOSEOUT SALE \$.25 each

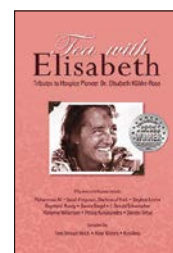


Afterglow: Signs of Continued Love, By Karla Wheeler

This little book is a collection of comforting coincidences that may bring comfort to anyone who is grieving the death of a loved one. Grieving men and women from all walks of life share their stories about signs of continued love after death.

SKU: AG

\$12.95 each



Tea with Elisabeth, Compiled by Fern Stewart Welch, Rose Winters, Ken Ross

Bestselling authors, colleagues, celebrities, family, and friends share memories about Dr. Kübler-Ross, co-founder of the international hospice movement. Contributors include Muhammad Ali, Dame Cicely Saunders, Florence Wald, and more.

SKU: TWE

\$14.95 each

DISCOUNT:

50% off orders of 10 or more books (unless otherwise noted).



Order form

Phone: 877-513-0099 | Email: info@QOLpublishing.com

Contact us by phone or email to quickly and easily place your order or request a quote.

Or fill in the **REQUIRED FIELDS** on this form and email, fax, or mail. Completing the entire form isn't necessary. If using the PDF, save to your desktop and enable JavaScript if prompted.

CONTACT NAME: _____ EMAIL: _____

ORGANIZATION: _____ PHONE: _____

STREET: _____ CITY: _____ STATE: _____ ZIP: _____

☐ NEW ORDER / ☐ REORDER WITH CHANGES / ☐ REORDER, NO CHANGES PO# : _____

BILLING ADDRESS: (IF DIFFERENT FROM ABOVE) BILLING CONTACT / ORGANIZATION: _____

STREET: _____ CITY: _____ STATE: _____ ZIP: _____

PAYMENT ☐ INVOICE US (Net 14 days) ☐ CHECK ENCLOSED (Payable to Quality of Life Publishing Co.) ☐ CREDIT CARD (See below)

To protect your payment information, choose "INVOICE US" and pay through the secure payment portal once the invoice is emailed.

Or call us (Mon–Fri, 9 am–5 pm ET) to submit payment. Outside business hours, leave your name and phone number and we will contact you.

PLEASE NOTE: DIFFERENT TITLES & VERSIONS (LANGUAGES, ISSUES, COVERS, ETC.) ARE SOLD SEPARATELY

Order details

SKU (OR PRODUCT NAME) & LANGUAGE	QUANTITY	\$ PER UNIT	SUBTOTAL
		x	
		x	
		x	
		x	
		x	
		x	
		x	
		x	
		x	
		x	
		x	

Scheduled press runs

SKU (OR PRODUCT NAME)	QUANTITY	\$ PER UNIT	SUBTOTAL
HCLP-B English - B&W, 100 qty+		x	
HCLP-B English - COLOR, over 2500 qty			
QOLM (Quality of Life Matters newsletter)	/ QTR		
SUBTOTAL		=	

RUSH OPTIONS	BRANDING OPTIONS
☐ RUSH fee (\$60/500 qty) \$ _____ Order is proofed/printed same or next business day.	☐ Template (logo, colors, contact info, etc.) FREE
☐ Rush shipping (per UPS rates) \$ _____ Choose 3-day, 2-day, or overnight shipping.	☐ Submit your own artwork FREE
	☐ No branding/generic FREE
	☐ Extensive changes/proofing time (\$60/hr) \$ _____

☐ SALES TAX EXEMPT / OUT OF STATE* -OR- APPLY 7% FL SALES TAX	+
S&H (CONTACT US FOR RATES)	+
OTHER FEES (RUSH, DESIGN, ETC.)	+
ORDER TOTAL	=

☐ I would like ELECTRONIC COPIES (We will contact you with more information.)

Other information

- Let us know if you need your order by a specific date. Deliver by dates cannot be guaranteed, though we do our best to fulfill requests. Additional fees may apply.
- Enter branding instructions or other special notes in the **ORDER INSTRUCTIONS** below, or contact us.

ORDER INSTRUCTIONS:

Prices, fees, and policies may change without notice. Orders are held for overdue invoices. Late fees are applied to overdue invoices, billed each month until payment is received.

* We collect Florida sales tax. Non-tax-exempt clients outside Florida may be required to pay sales and use tax on this purchase. Check with your state's Department of Revenue.



Quality of Life Publishing Co. is registered as a government contractor through SAM.gov: CAGE code 6KLJ5.